

Towson Recreation Council presents...

ZUMBA Atomic®



**FRIDAYS
FEBRUARY 24 - MARCH 30
3:30 - 4:15
STONELEIGH ACTIVITY ROOM
GRADES 3 - 5
COST IS \$60**

What is Zumbatomic®?!

Zumbatomic® classes are rockin', high-energy dance fitness classes packed with specially choreographed, easy-to-follow routines and the latest music, like hip-hop, reggaeton and cumbia! This class is designed for fun and fitness; no dance experience necessary. Besides keeping you fit, it's a great way to improve coordination, balance, flexibility and focus. www.zumba.com.



This activity is offered in affiliation with Fit2Order, LLC. www.fit2order.com. Mail TRC registration form and Fit2Order waiver (attached), along with check payable to Fit2Order, to: Fit2Order, 44 West Chesapeake Ave., Towson, MD 21204. Questions? Email Janine Serio at jcpfitness@gmail.com