

Girls Soccer - U8 Program

League President: Sherri Buttarazzi Email Address: sbuttarazzi@gmail.com

Teams: 12-13 players each

Number of teams in TRC U8 league: Eight to Ten teams, depending on numbers

Coaches needed: 16-20 (!!) Please volunteer!

Games: "Small sides"—4 players versus 4 players (each team has 2 “sides” playing simultaneously on adjoining fields)

Game Philosophy: Instructional and FUN. All players are given the opportunity to play 50% of the game. Scores are not kept (at least not by the adults). Coaches are on the field, as referees and as instructors. No penalties. Simple rules. No playoffs. Everybody gets a trophy!

Practice Days: One weeknight per week, typically for 1 hour.

Time: Between 5 and 7 p.m.

Place: Stoneleigh ES

Game Schedule – One game/week. Games will be played on Saturday mornings beginning in mid-September and running through early November. Games are roughly one hour long. Game schedule will be in your player packets the first week of practices.

Uniforms/Equipment: Team T-shirt, socks, and a #3 soccer ball are provided. Please bring your ball to all practices and games. Shinguards are required for practice and games, and not provided by the program. Soccer cleats are recommended. Bring a water bottle to practices and games.

Practice Rules

Practice is very important for the development of each player and for the unity of the entire team. Please make every effort to attend practices – and try to practice at home during the week. Just a few minutes a day can greatly improve your ball skills -- juggling, dribbling, trapping, and short passing. Learn to use both feet – spend twice as much time with your weaker foot. Did you know that good soccer players touch the ball 2000 times a day? (How many touches can you make in 10 minutes?)

- Be on time for practice and be ready when you arrive – wearing your equipment – so that no field time is wasted. It is your family's responsibility to have all of your equipment – shoes (tied), shinguards, water bottle, etc.—with you at the start of practice.

- If you get to the practice field early, use the time well. Don't stand around just shooting penalty shots à do something more realistic – dribble, pass, then shoot -- always keep the ball moving!

- If you cannot attend practice, please call or email your Coach.

- Dress for the weather – on cool days, wear layers (T-shirt, turtleneck, sweatshirt). If it rains, check the Weatherline (410) 377-1715 – be prepared to get wet, and muddy.

- Try your best during practice – don't be afraid to make a mistake when trying to make the right play.

For Online Registration Click [here](#) to visit the TRC Girls Soccer LeagueLineUp website.