

# Sports Medicine & Orthopedic Services

Towson Sports Medicine (TSM) & Towson Orthopaedic Associates (TOA) offer our community:

- CPR/AED Certification
- Pre-season Physicals
- Physical Therapy & Athletic Training Services
- Athletic Trainer Event Coverage (*as available*)
- TOA Urgent Orthopedic Injury Clinic
- Referral to TOA Sports Medicine doctors, when necessary

*Main Location:* **8322 Bellona Avenue, Towson, MD**  
**Towson Sports Medicine | 410-337-8847**  
**Towson Orthopaedic Associates | 410-337-7900**

## URGENT ORTHOPEDIC INJURY CLINIC

For adult + pediatric injuries  
less than 72 hours old

Walk-ins are welcome  
Monday - Thursday  
from 4:30 - 6:30 p.m.  
at the TSM Bellona office  
*An appointment is  
required outside these hours.*

**Call 410-616-1400  
for more information**



# Additional Locations

## TOWSON SPORTS MEDICINE

### **TOWSON** — *TSM Ortho & Spine*

7801 York Road, Suite 140

Towson, MD 21204 | 410-337-4024

### **BEL AIR** — *Festival at Bel Air*

5 Bel Air South Parkway, Suite 1421

Bel Air, MD 21015 | 410-569-8587

### **ABINGDON** — *Absolute Sports Performance*

1305 Governor Court, Suites G, H

Abingdon, MD 21009 | 410-569-8301

### **COCKEYSVILLE** — *PerformFit Sports*

10880 Railroad Avenue

Cockeysville, MD 21030 | 410-616-1455

### **ROSEDALE** — *Seven Square*

9110 Philadelphia Road, Suite 314

Rosedale, MD 21237 | 410-616-1401

### **BALTIMORE** — *Loyola University*

Fitness and Aquatics Center

4900 N. Charles Street

Baltimore, MD 21210 | 410-337-4023

## TOWSON ORTHOPAEDIC ASSOCIATES

### **BEL AIR**

201 Plumtree Road, Suite 301

Bel Air, MD 21015 | 410-337-7900

### **ROSEDALE** — *Seven Square*

9110 Philadelphia Road, Suite 314

Rosedale, MD 21237 | 410-337-7900



[towsonsportsmedicine.com](http://towsonsportsmedicine.com)



[towsonortho.com](http://towsonortho.com)