

1st Grade Division Rule Modifications



GAME SETUP

Height of Basket: 8'

Ball: Size 5, 27.5" circumference

Game Length: Two 12-minute halves (clock runs continuously except during last 2 minutes of each half)

Halftime: 3 minutes

Extra Period(s): No overtime. Games ending in a tied score will be recorded as a draw.

Start of Game Possession: Tip off.

Scoring: free throw: 1 point; all field goals: 2 points

Timeouts: One 30-second timeout permitted in each half of play per team.

Free Throw Line: 10' (two feet in front of the 12' free throw line).

GAME PLAY

-Coaches are on the court – assisting with gameplay as needed.

-Equal playing time for all players.

-Teach and play man-to-man defense. No zone defenses and no double teaming.

-No attempting to steal from a player who is in possession of the ball or dribbling the ball.

-Fouls in the act of shooting result in 2 free throws. All other fouls result in possession of the ball.

-If in the referee's discretion an offensive player is attempting to delay the game, a 5 second penalty can be called.

-No defensive player may cross the "blue line" until the ball has passed the "blue line" towards the basket.

-The offense has 15 seconds from inbounding the ball to cross the "blue line."

-If a team is ahead by 12 points or more the scoreboard will not continue for that team in the lead until below 12 points again.